



FIUMARA APPAREL

★ ITALIAN INSPIRED APPAREL ★

CHEFWEAR SIZING CHART

MEASUREMENTS & SIZES

In order to find the perfect fit, we've provided some easy guidelines to follow. The charts below define our sizing. They do not refer to the actual measurements of the garments. The garment will be larger than the body measurements in order to provide for comfortable movement. If you have any questions about sizing, please call the customer service department at 1-855-348-6272.

MEASUREMENT GUIDELINES (to get the best fit, stand straight and relax)

Chest: Measure from the fullest part of the chest/bust with your arms down.

Waist: Measure around your natural waistline above the hips.

Hips: Measure around the fullest part of the hips.

Neck: Measure around the neck at the Adam's apple.

Inseam: Measure from the base of the crotch to the bottom end of your pants. Or select a pair of pants that fits you well and measure along the inside leg seam from the crotch to the bottom of the hem.

MEN'S JACKET

Size	XS	S	M	L	XL	2XL	3XL	4XL	5XL
US	30-34	36-38	40-42	44-46	48-50	52-54	56-58	60-62	64-66
Euro	42	44-46	48-52	54-56	58-60	62-64	66-68	70-72	74-76

WOMEN'S JACKET

Size	XS	S	M	L	XL	2XL	3XL	4XL	5XL
US	2	4-6	8-10	12-14	16-18	20W-22W	24W-26W	28W-30W	32W
Euro	32	34-36	38-40	42-44	46-48	50-52	54-56	58-60	62-64

MEN'S PANTS

Size	XS	S	M	L	XL	2XL	3XL	4XL	5XL
US	22-26	28-30	32-34	36-38	40-42	44-46	48-50	52-54	56-58
Euro	36	38-40	42-44	46-48	50-54	56-58	60-62	64-66	68-70

WOMEN'S PANTS

Size	XS	S	M	L	XL	2XL	3XL	4XL	5XL
US	2	4-6	8-10	12-14	16-18	20W-22W	24W-26W	28W-30W	32W
Euro	36	38-40	42-44	46-48	50-54	56-58	60-62	64-66	68-70

SHIRT SIZING

Size	XS	S	M	L	XL	2XL	3XL	4XL	5XL
Chest/Hip	30-33	34-37	38-41	42-45	46-49	50-53	54-57	58-61	62-65

Order size according to your chest or hip measurements, whichever is larger. If your measurements are in between sizes, order the larger size.

Women's approximate size conversion: XS (0-2), S (4-6), M (8-10), L (12-14), XL (16-18), 2X (20W-22W), 3X (24W-26W), 4X (28W-30W), 5X(32W). Use the larger of chest or hip measurements for jackets and shirts, and the larger of waist or hip measurements for pants and shirts to ensure the best fit.