



FIUMARA APPAREL

★ ITALIAN INSPIRED APPAREL ★

CHEF WORKS SIZING CHART

MEASUREMENTS & SIZES

In order to find the perfect fit, we've provided some easy guidelines to follow. The charts below define our sizing. They do not refer to the actual measurements of the garments. The garment will be larger than the body measurements in order to provide for comfortable movement. If you have any questions about sizing, please call the customer service department at 1-855-348-6272.

MEASUREMENT GUIDELINES (to get the best fit, stand straight and relax)

Chest: Measure from the fullest part of the chest/bust with your arms down.

Waist: Measure around your natural waistline above the hips.

Hips: Measure around the fullest part of the hips.

Neck: Measure around the neck at the Adam's apple.

Inseam: Measure from the base of the crotch to the bottom end of your pants. Or select a pair of pants that fits you well and measure along the inside leg seam from the crotch to the bottom of the hem.

BASIC/EXECUTIVE CHEF COATS & JACKETS

Unisex Size	XS	S	M	L	XL	2XL	3XL	4XL	5XL
Unisex Chest (in)	32-34	36-36	40-42	44-46	48-50	52-54	56-58	60-62	64-66
Center Back Length (in)	29	30	31	31 1/2	32	33	33	33	33
Unisex Chest (cm)	82-87	92-97	102-107	112-117	122-127	132-137	142-147	153-158	159-167
Center Back Length (cm)	74	76	78	80	82	84	84	84	84

DROPPED SHOULDER CHEF COATS & JACKETS

Unisex Size	XS	S	M	L	XL	2XL	3XL
Unisex Chest (in)	41	45	49	53	57	60 1/2	64 1/2
Unisex Chest (cm)	104	114	124	134	144	154	164

WOMEN'S EXECUTIVE COATS

Women's Size	XS	S	M	L	XL	2XL
Women's Chest (in)	32-34	36-38	40-42	44-46	48-50	52-54

DRESS & BANDED COLLAR SHIRTS

Size	XS	S	M	L	XL	2XL	3XL
Men's		34-36	38-40	42-44	46-48	50-52	54-56
Women's	2	4-6	8-10	12-14	16-18	20-22	22-24
Collar (in)	13-13.5	14-14.5	15-15.5	16-16.5	17-17.5	18-18.5	19-19.5

MEN'S PANTS

Size	XS	S	M	L	XL	2XL	3XL	4XL
Waist (in)	26-28	30-32	34-36	38-40	42-44	46-48	50-52	54-58
Inseam (in)	31.5	31.5	32	32	32	32	32	32
Waist (cm)	65-73	76-82	85-92	95-102	105-112	116-124	126-134	137-142
Inseam (cm)	80	80	81	81.5	81.5	81.5	81.5	81.5

WOMEN'S PANTS

Size	XS	S	M	L	XL	2XL	3XL
Women's Size	3-4	5-6	7-8	9-10	11-12	13-14	15-16
Waist (in)	26-28	30-32	34-36	38-40	42-44	46-48	50-52
Hip (in)	34-35	36-37	38-39	40-41	42-43	44-45	46-47
Inseam (in)	31.5	31.5	31.5	32.25	32.25	32.25	32.25
Waist (cm)	65-73	76-82	85-92	95-102	105-112	116-124	126-134
Hip (cm)	87-89	92-94	97-99	102-104	107-109	112-114	117-119
Inseam (cm)	80	80	80	82	82	82	82

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Neck: Measure around the neck at the Adam's apple.

Inseam: Measure from the base of the crotch to the bottom end of your pants. Or select a pair of pants that fits you well and measure along the inside leg seam from the crotch to the bottom of the hem.

CAFE, KITCHEN & UNIVERSAL SHIRTS

Unisex Size	XS	S	M	L	XL	2XL	3XL	4XL	5XL
Unisex Chest (in)	37	41	45	49	53	55	60.5	63	65.5
Unisex Chest (cm)	94	104	114	124	134	140	154	160	166

FEMALE UNIVERSAL SHIRTS

Size	XS	S	M	L	XL	2XL
Chest (in)	36	36	40	42	44	47
Center Back Length (in)	26	26	27	27	27.5	28
Unisex Chest (cm)	91	96	101	106	111	121
Center Back Length (cm)	66	67	68	69	70	71